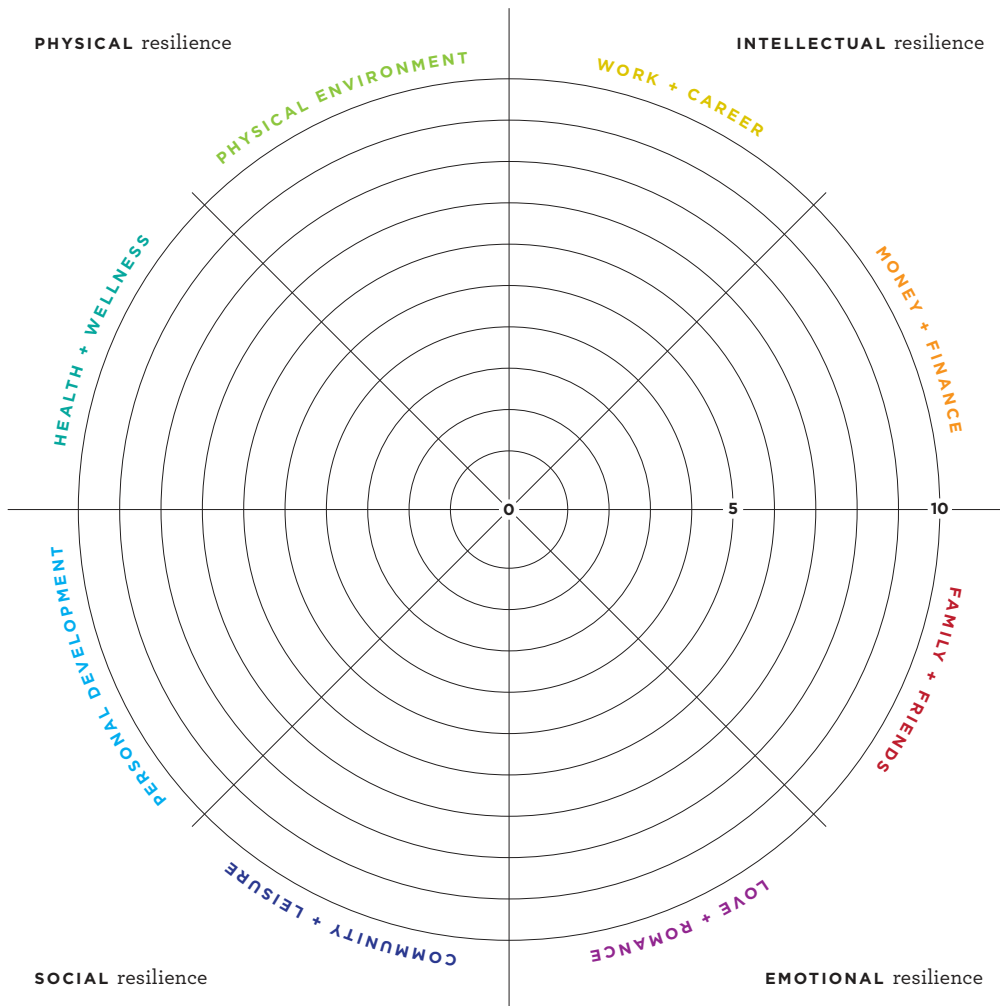




PAPERreka

## Wheel of life.

Think briefly how each of these areas of your life can be graded on a scale 1 (low) to 10 (high). Draw a line across each segment, and write out your value next to it. Put the first number down that comes to your mind.



Example:

